

CONVERSATIONS

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1. Each of us can contribute to saving the planet. Improvement won't happen without thoughtful intervention from each of us. Doing nothing is not an option. Will you look at your lifestyle and habits and see what you can change for the better?
2. COVID has taught us that separation from our nearest and dearest has enhanced our appreciation of genuine contact. What difference has this made or will it make to your relationships generally?
3. Many are unable to finalise plans for a summer break due to the continuing danger of the virus and restricted travel possibilities. Have you made any plans, and has this caused you to be more flexible and imaginative?
4. Much of our prayer may tend to be requests. Can you make more of thanksgiving and praise? If you know of anyone who is always asking for things whenever you talk, does that seem a healthy relationship?
5. Many folks are casual about self care. We can easily neglect looking after ourselves when our main focus is on others. If you don't care for yourself, you'll not be able to help others. Discuss.
6. What's been a new discovery and genuine joy for you over the last year? Tell someone about it.
7. Have you discovered, worked at or explored any new skills – or been attracted to seeking more information about any interest you have or are curious about?

Thank you.