

## CONVERSATIONS

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1. Our recent bouts of rain and unusual heat – to say nothing of the disastrous floods in Germany, Holland and China and heatwaves and fires in Canada, California and even Siberia – should indicate to everyone that climate change is a present event. Would you care to think again about refining or adding to what you may be doing so far?
2. Have you ever written to your local Member of Parliament? Our present Government has chosen to reduce the nation's commitment to foreign aid, affecting some of the poorest people in the world. Discuss
3. Has the pandemic lockdowns and restrictions affected your faith for better or worse? Have you any suggestions to make that may benefit others?
4. How have you maintained or helped others with a positive outlook over the last year and a half? Are you able to describe what or any effect the pandemic has had on your mental health?
5. Does sport – the Euros, cricket, tennis, golf, Olympics - help you to appreciate fitness, excellence, skill, endurance etc. Does physical activity engage you in thinking about your own body and how you look after it?
6. If you knew what you do couldn't fail, would it make a difference to you making an effort at something useful anyway, despite the results. Do something rather than nothing.
7. Would you spend 5 minutes today enjoying the presence of God within you? Could you do it tomorrow again?

Thank you.