

## CONVERSATIONS

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1. Some of the Psalms are full of passion, anger and grief. The Old Testament also has a Book of Lamentations. Praying for the people of Ukraine can likewise be a raw feeling. We're human. The war in Ukraine hurts and we may have fears. Just tell God how you're feeling.
2. Caring for the earth may also carry passion, anger and fear. It's emotions like these that initiated many people into talking to God about his creation. Tell someone how you pray for the earth and its future.
3. You may wonder how you pray through difficult and heartbreaking times. Some say they can't pray. That's right – you can't at those times pray like you do other times – your prayers cannot be the same. Some of what we want to say is beyond words anyway. Prayer does not need words. Offer your tangled feelings to God and sit silent with him. He knows what's in your mind and heart.
4. Springtime hopefully signals new life happening around us. Do you have plans to enhance nature by clearing rubbish, recycling, and eliminating waste? Do let us know.
5. We can never know too much about Jesus. Why not plan to attend one of the performances of the Passion Play in Bishop Auckland Market Place on Good Friday. You can have a ticket for the 12 noon performance or the 3pm performance. Just ask at church.
6. The word CAFOD stands for Catholic Fund for Overseas Development. In emergencies, wars, famines, floods, poverty and crop failure, they have projects and contacts to help. If you wish to donate, they operate on behalf of the Catholic community. Can we continue to support them working on our behalf?
7. How often do you give thanks to God? Do you make as many prayers of thanks as you do requests?

Thank you