

CONVERSATIONS

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1. Years ago the term 'compassion fatigue' was coined to describe how we reduce or lose the sense of horror, suffering or outrage at violent and criminal behaviour the more we get used to seeing or hearing it reported. Do you think we or you lose something of that acute feeling about the devastating loss of life and destruction in the Russian invasion of Ukraine?
2. There is far more good going on in the world than bad. We just don't see it reported. Do you think this is true?
3. What can you do today and this week to protect the Earth, care for the environment and promote that message among others? What kind of world do you want to hand on to our younger generation?
4. Do you ever or never give money to people begging? Some people have a definite practice of always or never giving or making a judgement and giving sometimes. Where are you in this? Have you ever had to ask for help, been desperate or been helped by kind people? Do you believe what occasional newspaper articles suggest that beggars are taking us for a ride and this justifies us doing nothing? How do you feel?
5. Do you have a practice of knowing how to lift your spirits when you feel down? If so, would you like to share it with others? How would you go about that?
6. To change a famous John F Kennedy remark: Do not ask what Bishop Auckland can do for you. Ask rather what you can do for Bishop Auckland. You can also substitute the words 'your parish' for the words 'Bishop Auckland' above.
7. Do you have a list of people you pray for regularly? Have you added to it this week? If you don't keep a list or a small notebook for this purpose, would you consider starting one?

Thank you