

## CONVERSATIONS

NUMBER 120

JULY 2022

1. How resilient do you regard yourself to be? The COVID experience has made demands on each of us and in our own ways we've had to adapt to many changes. On a scale of 1-10 how well do you think you've coped?
2. Does the quality of the air we breathe trouble you? Are you able to get out into fresh air each day? Do you exhale deeply now and again to expel the stale air they tell us we carry in our lungs?
3. We all have personal ways of praying. Who has helped you in your own style of prayer? Do you have recommendations you'd like to make to others about what you have found to be helpful?
4. Our bishops have now restarted the usual Sunday Mass obligation. How do you understand the requirement to celebrate the wonder and mystery of Mass and to receive the Lord at least once a week? How do you think about being part of a community of faith?
5. What and who makes you laugh? Are you blessed with a good sense of humour? How do you share that?
6. Can you help with bringing items for the foodbank or with donations to help others with necessary gas and electricity needs? How do you see our responsibility to love our neighbours as ourselves?
7. As we enter the second half of the year, what plans do you have for using these months ahead of us?

Thank you