

## CONVERSATIONS

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1. Are you concerned about the cost of living and other important issues affecting us? The country has been through a serious upheaval in the past few weeks, leaving major issues to be re-addressed by new leadership. No matter which political party you support or vote for, what does your faith suggest you should do next?
2. Do you read about your faith/spiritual matters? If so, could you share what it is you read? If not, what would be helpful to you? Do you appreciate that we need to keep learning – it's a requirement of faith. Nothing stays the same. If we're not adding to our familiarity with Jesus and his Church we may be losing something very precious.
3. Do you send Christmas cards? Messages? Do you keep in touch with a network of people at Christmas time? Do you have less expensive ways of keeping in touch?
4. During November, do you pray for the Holy Souls, for those who have died and who you know personally? If it's helpful to have this reminder in November, what's the personal way you respond to it?
5. Caring for the earth is of major importance. Do you do it? How do you do it? Can you share your practice with at least 1 other person daily for a few days?
6. Has illness, yours or that of someone else, taught you a lot? Would you like to share your thoughts about it with someone else?
7. Do you actively try to keep fit and well as you get older? What have you found to be useful?

Thank you