

1. During Advent many places overlook the significance of these weeks and jump straight to celebrating Christmas, missing the opportunity to stop and reflect on what we can learn about ourselves. Does the pace of these December weeks rob you of time to think new thoughts?
2. Do you think television is dumbing down, getting more rubbishy, more violent, weirder? Do you find yourself watching rubbish programmes and calling them all sorts? If so, why?? Whether or not you watch poor TV, what do you do or would you do instead. See what other folks think and what they do about it.
3. What could you not do without? Share your choice and reasons with someone else.
4. Many people spend a great part of their lives trying to be like someone else. Check it out with trends on fashion, hairstyles, footwear, colours etc to name but a few. God made each of us unique. He's said something of himself in each of us that's different. He doesn't make copies. Why should we? What trend do you feel you purposely or unwittingly try to fit in with?
5. A longstanding bit of folklore suggests you don't get into arguments about politics or religion. Do you see both these subjects being important as they are about the values we live by. Should your choice of politics correspond as clearly as possible to your understanding of Jesus' teaching?
6. Do you ask Martin Lewis' questions before buying things? Do I need it? Can I afford it? Will I use it? Is it worth it? Have I checked if I could get it cheaper elsewhere?
7. Do you have any plans for next year? Does having aims to strive for help you?

Thank you