

## CONVERSATIONS

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1. The devastation of very recent earthquakes makes me feel helpless. The scale of what needs to be done is immense. The phrase 'humanitarian aid' reminds us that these individuals are our brothers and sisters. Can you decide to send something to CAFOD to assist with the perceptive work they are doing for this crisis?
2. How do you feel about strikes? You may have different views about particular groups – train people, nurses, ambulance crews, teachers etc. Can you listen with care to those who have an alternative point of view?
3. Years ago I heard a media person say. 'News is not what happens, but what journalists choose to write about'. Discuss. You might also think about the kind of editorial selection that restricts so much news to crisis, crime and gossip.
4. Our diocese is going through a messy and difficult time at present. You can help by appreciating the efforts being made to find out the truth, to tell us what that truth is, and to deal with it. It requires our prayers for everyone involved – and that involves each of us.
5. How do you plan to celebrate Lent this year? It begins on 22 February. Would you like to share with someone how you decide and how that choice helps?
6. In my head I still think I'm about 18 years old but my body keeps reminding me I'm not. Have a think about how we age gracefully.
7. I meet no small number of great young people. They're growing up with more pressures than I did. How can we each help rather than condemn. We never know the stresses and expectations they live with today.

Thank you.