

1. Does the Olympics do anything for you personally? Are you an admirer of physical fitness? Does the pursuit of excellence hold any attraction for you? Has sport been a part of your early life, your present life, or is it a significant part or interest in the life of a member of your family?
2. Do you have or make time for yourself amid the many practical things and responsibilities that make a claim on us?
3. Do you spend much time reading? What kind of reading do you do? How much of any reading you do is fiction and how much non-fiction? Do you spend a lot of time watching television?
4. Where does music come in your own preferred interests? What kinds of music do you like? Are you a musical person – do you like to sing, play a musical instrument?
5. Mobile phones have an increasing importance for most people. We see more and more individuals engrossed in their phones. Is this trend telling us we're drawn into a faster pace of life? Do you think that people don't cope very well with silence? How about you? How necessary is silence?
6. There is a theory that the tidiness or the organised nature or clutter of your house is a symbol of the state of your mind! Do you de-clutter occasionally, frequently or hardly at all? What do you think?
7. Will you pray each day for the state of the world, for peace, humanity and the environment? Our new government needs wisdom in its responsibilities. Please keep their decisions within your prayers too.

Thank you.