

# EVER WONDERED WHERE ALL YOUR RECYCLING ENDS UP?

## SOMETHING DOESN'T ADD UP.

We all do our bit to recycle, but plastic waste is a growing problem. It's time to get to the bottom of what's really going on.

For one week in May, we need you to join households up and down the country to count your plastic. We'll find out what's really leaving UK homes – and our groundbreaking system will reveal what happens to it after we put it in the recycling bin.

Together we'll uncover the truth about the UK's plastics crisis and force the government to put urgent plastic reduction targets in place.



© Ollie Harrop

**"HAVING COUNTED MY PLASTIC WASTE FOR AN ENTIRE YEAR, I KNOW EXACTLY HOW POWERFUL THIS INVESTIGATION CAN BE IN HELPING TO UNDERSTAND THE TRUE EXTENT OF THE PLASTIC PROBLEM. I'D URGE YOU TO GET INVOLVED!"**

**DANIEL WEBB, EVERYDAY PLASTIC**

## HOW IT WORKS

- 1** Sign up now at [greenpeace.org.uk/count-me-in](https://greenpeace.org.uk/count-me-in)
- 2** Get counting using this tally sheet **between 16-22 May**, then **upload your results online**
- 3** Know your plastic with your personal plastic footprint report – and **ramp up the pressure for action**

**GREENPEACE** x **EVERYDAY PLASTIC**

# THE BIG

# PLASTIC

# COUNT

# 16-22 MAY

**TAKE PART. LET'S INVESTIGATE.**

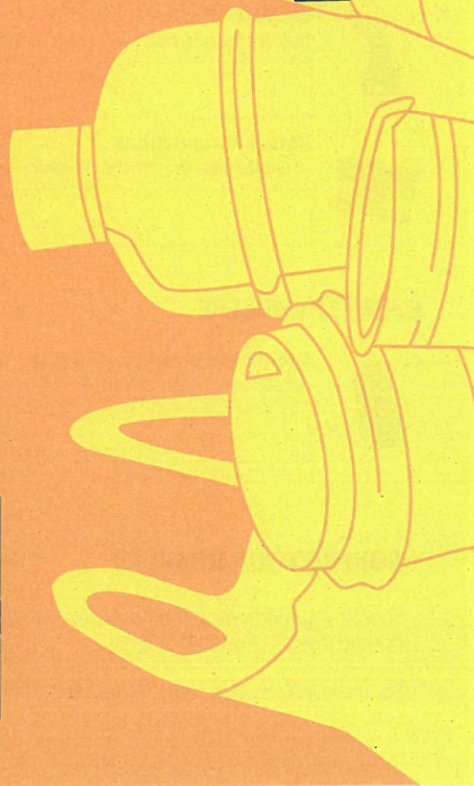
**TEAR THIS OUT.  
STICK IT ON YOUR FRIDGE.  
FIND OUT WHAT REALLY HAPPENS  
TO YOUR PLASTIC WASTE.**

SIGN UP HERE



[greenpeace.org.uk/  
count-me-in](https://greenpeace.org.uk/count-me-in)

**GREENPEACE** x **EVERYDAY PLASTIC**  
**THE BIG**  
**PLASTIC**  
**COUNT**  
**16-22 MAY**





# THE BIG PLASTIC COUNT

# LET'S COUNT!

## TALLY SHEET

Count the plastic packaging you throw away each day, and keep a tally of what type of plastic it is.







Tick off the days as you count your plastic:






M 
  T 
  W 
  T 
  F 
  S 
  S

**Not sure where to put an item?**




Check out our Plastic ID Page: [thebigplasticcount.com/help](http://thebigplasticcount.com/help)




## FOOD & DRINK

|  |  |                      |
|--|--|----------------------|
|    | <b>Small bottles (up to 500ml)</b><br>(water, soft drinks, sauces etc.)                            | <b>Total</b>         |
|  | <input type="text"/>   | <input type="text"/> |
|    | <b>Large bottles (over 500ml)</b><br>(water, squash, cooking oil, milk etc.)                       |                      |
|  | <input type="text"/>   | <input type="text"/> |
|    | <b>Hard plastic caps and lids</b><br>(from bottles, cartons, jars etc.)                            |                      |
|  | <input type="text"/>   | <input type="text"/> |
|    | <b>Peelable film lids</b><br>(from soft fruits, fish, falafels, dips etc.)                         |                      |
|  | <input type="text"/>   | <input type="text"/> |
|  | <b>Fruit and veg trays, pots and their hard lids</b><br>(berries, grapes, stir fry, tomatoes etc.) |                      |
|  | <input type="text"/>   | <input type="text"/> |
|  | <b>Fruit, veg and salad bags, wrappers and nets</b><br>(salad, bananas, cucumber, lemons etc.)     |                      |
|  | <input type="text"/>   | <input type="text"/> |


|  |  |                      |
|--|--|----------------------|
|   | <b>Black pots, tubs and trays</b><br>(ready meals, chilled foods, cooked meats etc.)                   | <b>Total</b>         |
|  | <input type="text"/>   | <input type="text"/> |
|   | <b>Pots, tubs and trays</b><br>(yoghurt, dips, butter, pastries, meat etc.)                            |                      |
|  | <input type="text"/>   | <input type="text"/> |
|   | <b>Snack bags, packets and wrappers</b><br>(crisps, biscuits, cereal bars, chocolate etc.)             |                      |
|  | <input type="text"/>   | <input type="text"/> |
|   | <b>Other hard food and drink packaging</b><br>(coffee pods, plastic corks, polystyrene cups etc.)      |                      |
|  | <input type="text"/>   | <input type="text"/> |
|  | <b>Other soft food and drink packaging</b><br>(rice, bread bags, frozen peas, cling film, cheese etc.) |                      |
|  | <input type="text"/>   | <input type="text"/> |


## CLEANING & TOILETRIES

|  |   |                      |
|--|---|----------------------|
|  | <b>Small bottles (up to 500ml)</b><br>(hand wash, shampoo, washing up liquid etc.)  |                      |
|  | <input type="text"/>  | <input type="text"/> |
|  | <b>Large bottles (over 500ml)</b><br>(toilet cleaner, bleach, surface cleaner etc.) |                      |
|  | <input type="text"/>  | <input type="text"/> |
|  | <b>Pots, tubs and tubes</b><br>(moisturiser, suncream, laundry tablets etc.)        |                      |
|  | <input type="text"/>  | <input type="text"/> |

|   |  |                      |
|---|--|----------------------|
|  | <b>Squeezy tubes</b><br>(toothpaste, make-up, skincare cream etc.)   |                      |
|   | <input type="text"/>   | <input type="text"/> |
|  | <b>Other hard cleaning and toiletries packaging</b><br>(toothbrush packs, razor packs, mascara etc.)             |                      |
|   | <input type="text"/>   | <input type="text"/> |
|  | <b>Other soft cleaning and toiletries packaging</b><br>(toilet roll wrap, dishwasher tabs, wet wipes packs etc.) |                      |
|   | <input type="text"/>   | <input type="text"/> |

## EVERYTHING ELSE

|  |   |                      |
|--|---|----------------------|
|  | <b>Other hard plastic packaging</b><br>(plastic packaging for toys, tech, stationery, DIY etc.) |                      |
|  | <input type="text"/>  | <input type="text"/> |

|   |  |                      |
|---|--|----------------------|
|  | <b>Other soft plastic packaging</b><br>(carrier bags, bubble wrap, clothes packaging etc.) |                      |
|   | <input type="text"/>   | <input type="text"/> |

## SUBMIT YOUR RESULTS

Submit your findings at [thebigplasticcount.com/submit](http://thebigplasticcount.com/submit) or scan the QR code to the right.

For more information visit [thebigplasticcount.com](http://thebigplasticcount.com)

