

**The Foodbank** - A huge thank you for the donations received last week. **The following items are needed this week, tinned tomatoes, pasta sauce, tinned veg, sweets, small tins of meat and good quality bags for life. Help with funds for assisting with gas and electricity needs.** Anything you can do to help people with food, heating and lighting is a most practical way of showing love and humanity. Funds to help folks with fuel costs are already urgent. Your help is invaluable. No one should be living in a house with no heating or be unable to put a light on, boil a kettle or warm up food. Autumn temperatures will drop. Thank you.

**Bishopsgate Lodge** (next to St Wilfrid's) are inviting anyone who's on their own and would like a little company to afternoon tea on Friday 3rd November at 4.30pm. If you would like to go, please contact Michael Broadbent (01388 488569). It should be possible to arrange transport for anyone who needs it.

**Samaritans shoe box appeal** – please fill a shoe box for a needy child. Drop off point is The Well at West Auckland, by week commencing 13 November. Leaflets and further information at the back of church. Collection tins for donations in lieu/for transport costs available also. Many thanks.

**Social Quiz Night** – will be held this Thursday 26 October, doors open at 7pm, quiz starts at 7.30pm. We are also planning a big CHRISTMAS QUIZ night with a bottle stall on 7 December. Please pencil the dates in your diary. Can we also ask if you have any spare bottles for the stall could you bring them to either St Mary's or St Wilfrid's. Many thanks.

**Bible Alive** – November's copies are available at the back of church. Please collect yours if you ordered a monthly copy. Tick against your name on the list for November. £1.50. Thank you.

**First Steps – Exploring the Catholic Faith online - Are you wondering about your relationship with God and not sure where to start?** First Steps is aimed at people who are thinking about their faith or their relationship with God. Perhaps you were baptised a Catholic, but didn't make First Communion, or receive Confirmation, or were baptised as a member of another Christian Church, or have never been baptised at all. If you are currently wondering whether joining the Catholic Church is the next step for you this may be the way forward. For further information, or to register, please visit <https://bit.ly/3sHgZOF>. First Steps online began on Wednesday 11 October at 7 pm for 7 weeks and will be delivered via Zoom.

**Cancer Support** – No one should have to face cancer alone. Team Solan Cancer Trust are available at Woodhouse Close Church Centre each Wednesday morning, providing a Drop-In session from 10.00 to 12.00. Their aim is to help improve the quality of life for those living

Please pray for the health of:

*Irene Welford  
Mrs Aitken  
Joan Lightfoot  
Michael Nicholson  
Adam Hudspeth  
Christopher Browne  
Tyler Quinn  
Robin Davis  
Angela Graham  
Frank Ridley  
Jacob Thomas  
Charlotte Thomas  
Teresa Brown  
Christina Marsh  
Kathy Lloyd  
Roman Banks  
Jane Hardy (Kirby)  
Margaret Pattenden  
Mary Curry  
Adam Quarmby  
Eileen Kelly  
Senara Wilton  
Joan Vasey*

Please pray for

MARGARET GALLAGHER  
(76)

who has died.  
May she rest in  
peace



Scripture Readings for this week's Masses:

Sun	Isaiah 45: 1, 4-6	Ps 95	1 Thessalonians 1:1-5	Matthew 22: 15-21
Mon	Romans 4: 20-25	Luke 1: 69-75	Luke 12: 13-21	
Tues	Romans 5: 12,15,17-21	Ps 39	Luke 12: 35-38	
Wed	Romans 6: 12-18	Ps 123	Luke 12: 39-48	
Thurs	Romans 6: 19-23	Ps 1	Luke 12: 49-53	
Fri	Romans 7: 18-25	Ps 118	Luke 12: 54-59	
Sat	Ephesians 2: 19-22	Ps 18	Luke 6: 12-19	
Sun	Exodus 22: 20-26	Ps 17	1 Thessalonians 1:5-10	Matthew 22: 34-40

with a cancer diagnosis or a cancer bereavement. It's a bespoke support service to adults and children who have been impacted by cancer. If you need support or further information please contact: [admin@teamsolan.org.uk](mailto:admin@teamsolan.org.uk) or telephone 01388 205294. You'll be welcome to call in to meet the team members during the Drop-In sessions each week.

**SIGNIFICANCE GRAND DRAW**—Fr Dermott Donnelly, Director of Youth Services in our Diocese until his death in July 2022, founded the charity 'Significance' to enable young people to become all that God has created them to be. Significance has recently launched a fundraising appeal including a Grand Draw: First prize is 2 tickets for a live TV show in 2024 plus Meet and Greet with Ant and Dec, first class LNER travel and overnight stay in a London hotel (there are two first prizes); and there are other exciting prizes. Each ticket costs £5 and the aim is to raise £20,000 by selling 800 books x 5 tickets. The draw will take place on Youth Sunday 26<sup>th</sup> November 2023. Please support by buying a ticket or taking a book to sell. We have some raffle tickets.

**The Faith Museum** – is the stunning new building at Auckland Castle. It has opened now. This new asset to Bishop Auckland will explore the many ways faith has shaped lives and communities across Britain. There are four galleries with displays and changing exhibitions. It houses over 250 objects from across the UK, some national treasures and personal mementos. The museum's story begins 6000 years ago, taking visitors on a journey through time, considering the ways faith has shaped our lives throughout history and continues to do so. Plan to visit sometime in the Autumn. Tickets can be booked in advance. We hope to arrange a guided tour.

**Lourdes Fundraising Quiz** - is taking place on **Friday 3 November at 6pm at St John's School**. The cost of the ticket is £5, which includes pie and peas. There will also be a licensed bar. All proceeds will go towards supporting our students attending our pilgrimage to Lourdes next year. Please see poster at the back of church.

**SVP200 Club** - The winning numbers for October are 55 and 177 - no winners for us!. Many thanks to all.

**SVP** - the SVP have just received the princely sum of £560 from Melvyn Relton, being the amount of sponsorship monies that he raised from his latest Great North Run. Many thanks Melvyn and we will use this money wisely. Can we also say Many Thanks to all you contributors on behalf of both the SVP and Melvyn himself.

**St. Mary's Church Cleaning** - Group 1 Monday 30th October 10am.

# This week

	Services & meetings
<b>Saturday 21 October</b>	<b>10.00 am Mass:</b> Cec & Frank Johnson <b>5.30 pm Vigil Mass:</b> World Peace
<b>Sunday 22 October</b> <i>29th Sunday of the Year</i>	<b>09.30 am Mass at St Wilfrid's:</b> People of the parish <b>11.00 am Mass at St Mary's:</b> Margery Harrop
<b>Monday 23 October</b>	<b>No Mass</b> <b>10.00 am</b> Eucharistic Service at St Wilfrid's <b>1.00 pm</b> Craft Club at St Mary's
<b>Tuesday 24 October</b>	<b>9.00 am Mass:</b> Mary Colman
<b>Wednesday 25 October</b>	<b>10.00 am Mass:</b> Funeral Service for MARGARET GALLAGHER at St Mary's
<b>Thursday 26 October</b> <i>SS Chad &amp; Cedd</i>	<b>No Mass</b> at St Mary's (10.30 Requiem at Willington) 7 pm for 7.30 pm Quiz Night at St Mary's
<b>Friday 27 October</b>	<b>10.00 am Mass:</b> Peter Maria Chu Sinh
<b>Saturday 28 October</b> <i>SS SIMON &amp; JUDE Apostles</i>	<b>10.00 am Mass:</b> People of the parish <b>5.30 pm Vigil Mass:</b> Paul Robinson
<b>Sunday 29 October</b> <i>30th Sunday of the Year</i>	<b>09.30 am Mass at St Wilfrid's:</b> Kenny Clarkson <b>11.00 am Mass at St Mary's:</b> Aldred & Johnson Families

### Quote:

*"The more faithfully you listen to the voice within you, the better you will hear what is sounding outside. And only the person who listens can speak"*  
- Dag Hammarkjold (Secretary General of United Nations 1953-61)

## The Parish of St Mary + St Wilfrid

In the Escomb Partnership of the Diocese of Hexham & Newcastle  
Fr Dennis Tindall, St Mary's, Vart Road, Bishop Auckland, DL14 6PQ Tel: (01388) 603431  
website: Parish of St Mary and St Wilfrid : Bulletin e-mail: office@stmaryandstwilfrid.org.uk  
To access streamed Masses: St Mary's Bishop Auckland YouTube **22 October, 2023**

# 29th SUNDAY of the YEAR

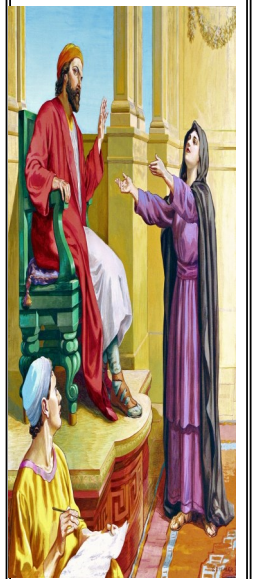
### Patterns

It is easy to get stuck in a pattern of behaviour. Think of the people you know. Do they do some of the same things over and over? Do they like the same kind of food and drink? Watch the same kind of TV? Read the same genre of books? Do they get up and go to bed at roughly the same time? Do they say the same kinds of things? Have the same kinds of thoughts? Do you? Do I? Yes. To be human - to be alive - is to fall into patterns of behaviour. Some of these patterns are good. We are drawn to the comfort of routine, and we settle in, but there can also be a discomfort in going through the same motions. Just as slumping for hours in the same position can be bad for our backs, it is also true that taking the familiar and repetitive path of least resistance can cause our lives to become a bit stuck in place.

The act of changing our routine is good for us. Even something as simple as rearranging apps on a phone helps us to resist the automatic default of muscle memory.

Perhaps the biggest tragedy in our lives is that freedom is possible, yet we can pass our years trapped in the same old patterns..... We may want to love other people without holding back, to feel authentic, to breathe in the beauty around us, to dance and sing. Yet each day we listen to inner voices that keep our life small.

- **Matt Haig**



### Confession Times St Mary's

By request and by simple arrangement.